

REGISTRATION FORM

NAME OF PARTICIPANT

I.C. OR PASSPORT NUMBER

COLOUR

GENDER

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DATE OF BIRTH

AGE

NATIONALITY

TELEPHONE/MOBILE NUMBER

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EMAIL ADDRESS

BLOOD GROUP

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MAILING ADDRESS

EMERGENCY CONTACT PERSON

EMERGENCY CONTACT NUMBER

RELATIONSHIP OF CONTACT PERSON

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RACE CATEGORY

CODE	CATEGORY	DISTANCE	QUALIFYING TIME	FEE	TICK
A	SPECIAL NEEDS FUN RUN / WALK OPEN (<i>no age limit</i>)	3KM	1 HR 30 MINS	FREE	
B	FUN RUN / WALK OPEN (<i>no age limit</i>)	3KM	1 HOUR	\$25	
C	5KM MALE (<i>12 years old and above</i>)	5KM	1 HOUR	\$30	
D	5KM FEMALE (<i>12 years old and above</i>)	5KM	1 HOUR	\$30	
E	10KM MALE (<i>16 years old and above</i>)	10KM	1 HR 30 MINS	\$35	
F	10KM FEMALE (<i>16 years old and above</i>)	10KM	1 HR 30 MINS	\$35	

**All categories are open to national participants only (not for international participants).*

SHIRT SIZE

Please circle your shirt size:

| 32 | 34 | 2XS | XS | S | M | L | XL | 2XL |

Other: _____

DECLARATION

I certify that I am entering the event at my own risk and shall not hold the organisers responsible for any injury, accident or death however caused, during or after the event.

SIGNATURE OF PARTICIPANT:

SIGNATURE OF PARENT / GUARDIAN:

DATE:

(for participant under the age of 18)



RULES AND REGULATIONS

1. Top 3 winners from category C, D, E & F will receive plaque/medal.
2. All runners who complete the route within qualifying time will receive finishing medals.
3. Participants are required to present the payment receipt and donation card to collect their running kit.
4. The decision of the organising committees is final in accepting entries. No refund will be made for wrongful or multiple entries. Incomplete entry forms will not be accepted.
5. ELIGIBILITY – All categories are open for all ages. Children under the age of 12 should be accompanied by a parent or a guardian at the race.
6. Winners must be present for the prize presentation at the end of the event. Fail to do so, the prize will be forfeited.
7. The organiser has the right to modify or substitute any of the rules and regulations of the event from time to time as they deem fit.
8. If there is ambiguity in any of the provisions, the organiser shall be the authority to interpret and in doing so, the organiser will take into account of interests of all the affected participants.
9. Any update on the rules and regulations of the event will be notified on the official website www.bdnab.com
10. If the event has to be cancelled i.e. due to occurrence of incident that is beyond the control of the organiser and which renders it impossible or unsafe to hold the event, there shall be no refund of fees unless the organiser deems fit to give a refund and the organiser shall not be liable for any other loss or inconvenience caused due to such changes.
11. If you are unable to finish the race for any reason, you must inform a volunteer of the race along the course. If you need a ride to finish line, a sweep bus will transport you to the medical station at the finish area.
12. Use of helmets by wheelchair participants is required.
13. All competitors are required to wear their official bib numbers at all times.
14. All special needs participants are required to bring their own guardians.
15. Participants who do not complete the route within qualifying time are required to ride the sweep buses to the finishing line in order to get their finishing medals.
16. Those who are unwilling to ride on the sweep buses after the qualifying time will not be given finishing medals.

I have read, understood and agreed to the terms and conditions of Larian Amal Tongkat Putih.

SIGNATURE OF PARTICIPANT:

DATE:

SUBMIT THE REGISTRATION FORM AND MAKE PAYMENT AT MAIN ENTRANCE INDOOR STADIUM (IN FRONT), GROUND FLOOR, FROM 18TH JANUARY 2016 – 31ST JANUARY 2016.

MONDAY, TUESDAY, WEDNESDAY, SATURDAY, SUNDAY (10AM – 8PM)
THURSDAY (10AM – 6PM)
FRIDAY (2PM – 8PM)

FOR ANY ENQUIRIES, CALL +673 8659779